

# Atlantic Consultant's

## Sample Teambuilding Assessment

Please score each question on a scale of 1-5.

1 - not at all    2 - somewhat    3 - moderately    4 - mostly    5 - to a great degree

	1	2	3	4	5
1 We have a clear purpose and mission.					
2 We understand each other's roles and responsibilities.					
3 We understand each other.					
4 We trust each other.					
5 We communicate effectively.					
6 We make choices based on the best interest of the team.					
7 We maintain our individual self interests and goals.					
8 We understand our team goals.					
9 We address conflict effectively.					
10 We have strong leadership.					
11 We demonstrate team support and cohesiveness.					
12 We hold ourselves and each other accountable.					
13 We focus on results.					
14 We are motivated to achieve results.					
15 We are willing to compromise individual results to achieve team results.					
16 We collaborate.					
17 We go the extra mile to help each other.					
18 We believe that the team is better than the sum of its parts.					
19 We appreciate and maximize differences and diversity.					
20 We have a positive can-do culture in our team.					
21 We have the actions, attitude and accountability to ensure success.					
22 We believe in each other.					
23 We are proud of our team.					
24 We operate in silos more than a team.					
25 What do we need to stop or start doing to be more effective? Stop doing: _____ Start doing: _____					